

Unity Sunday Morning Class

Keep A True Lent

March 17 to April 14, 2019 - 9 to 10 am



***"Lent is a season of spiritual growth,
a time for progressive unfoldment."***

- *Keep A True Lent*, by Charles Fillmore
(published posthumously in 1953)

The book, ***Keep A True Lent***, drew material from Fillmore's published and unpublished writings about Lent and provided 47 lessons for inspiration and guidance during the Lenten period.

For instance, Mr. Fillmore wrote that

"Abstinence is overcoming human consciousness"

and he called on Unity people to fast from error thinking and to meditate upon spiritual Truth until their achievement of oneness with God.

For Unity co-founder Charles Fillmore, Lent marked a time for personal transformation.

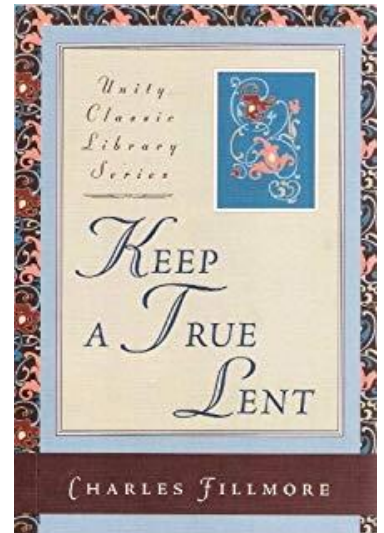
Join us for five Sunday mornings in Lent as we explore our own spiritual unfoldment through the teachings found in this classic book.

Spend time discovering the metaphysics of Lent!

Kathy Digges, LUT will facilitate this Love Offering class.

Class discussions will be based on the book:

Keep A True Lent by Charles Fillmore:



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