

Unity of Greater Hartford

March Sunday Morning Class



Keep A True Lent

Sundays: March 4 to 25 – 9 to 10 am

"Lent is a season of spiritual growth, a time for progressive unfoldment,"

Charles Fillmore wrote in *Keep A True Lent*, which was published posthumously in 1953.

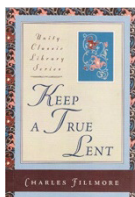
The book, *Keep A True Lent*, drew material from Fillmore's published and unpublished writings about Lent and provided 47 lessons for inspiration and guidance during the Lenten period.

For instance, Mr. Fillmore wrote that "Abstinence is overcoming human consciousness" and he called on Unity people to abstain from errant thinking and to meditate upon spiritual Truth until their achievement of oneness with God.

For Unity cofounder Charles Fillmore,

Lent marked a time for personal transformation.

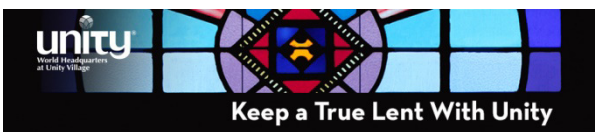
Join us for four Sunday mornings in March as we explore our own spiritual unfoldment through the teachings found in the classic book. **Kathy Digges, LUT** will facilitate this class.



Class Readings:

Keep A True Lent book: **Before March 4th** read: Forward page 3 – 6, Chapter 1 page 9-13, Lent Chapter page 138-140; **Before March 11th** read: Chapter 4, pages 24-29; **Before March 18th** read: Chapter 8 pages 54-62; and **Before March 25th** read: Chapter 15 pages 110-121.

Class Resources: Unity has created a wonderful new booklet to support you throughout the Lenten season. Please request your booklet before **February 14, 2018**.



Keep a True Lent With Unity booklet

Please go to: <http://www.unity.org/Publications/Resource-Materials>. You may download the booklet or ask it to be mailed for FREE.

This is a Love Offering Class!

Unity of Greater Hartford

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